

## OCCC Rules and Regulations Overview

These rules are for the benefit and protection of all members and their guests. They have been established to assure safe and sanitary operation and use of the pool facilities and enjoyable recreation for all of the members. Parents are requested to caution children to observe all rules and to obey the instructions of the Pool manager and other employees of the Center. Rules and regulations are subject to change at the Board's discretion.

### **ALL RULES MUST BE READ, PRACTICED & ENFORCED**

#### Swimming Pool Health & Safety

- Only toilet trained swimmers are allowed in the pool unless wearing a swim diaper. No regular absorbent diapers allowed in the pool.
- No member shall knowingly enter the pool enclosure, or permit a child or guest to do so, while suffering from any contagious disease, such as athlete's foot, ringworm, colds, etc., or while suffering from an open wound or sore. Any questionable cases of the sort shall be barred from admission.
- Spitting, spouting of water, blowing of nose, etc., are strictly prohibited.
- Roughness, rowdiness, profanity or other conduct affecting the safety and comfort of others will not be permitted on Old Church Community Center grounds.
- No running, pushing, or wrestling in and about the pool area is permitted.
- Pool Operator will require a brief rest period called hourly for children under age 18.
- Smoking is **only** allowed in the parking lot away from the pool and rec. center entrance area.
- Only those in proper swimming attire will be allowed in the water. No cutoffs or diapers in the pool, please.
- No frisbee throwing or high powered water pistols and guns in the pool areas.
- Cross pool is only allowed during 30 minutes past each hour until adult swim at 50 minutes past the hour.
- During that time, diving board use is only available if cross pool is not being played.
- Goggles and Masks cannot be used when jumping off the diving board
- A mask may cover the nose if it's plastic. Snorkels are permitted just not A FULL FACE Snorkel Mask.
- No glass of any kind will be allowed within the pool enclosure. Please refrain from bringing glass onto community center grounds.
- *All persons using the pool do so at their own risk.*
- **NO ALCOHOL** is permitted during normal pool hours or swim meets. The only exceptions are Board approved events.

#### Frog Pond Baby Pool

- The wading pool is limited to children 5 years of age and younger.
- Parents must watch their toddlers at all times. Do not leave your child unattended in the baby pool area.
- Only toilet trained swimmers are allowed in the pool unless wearing a swim diaper. No regular absorbent diapers allowed in the pool.

#### Unattended Children Policy

Any child under the age of 14 must be under supervision by someone aged 16 or older at all times. Old Church Community Center offers a babysitter's pass if needed. Lifeguards are not allowed to fulfill this capacity.